

• 2017-18  COMMITMENT STATEMENT •

I understand the purpose and function of the Youth Wellness Council. I am aware of the mission and goals, and if accepted, I am prepared to fulfill the commitment that is asked of all members.

MEETING CALENDAR... I commit to attending meetings and trainings as outlined on the wccclubs.org site. I will serve 15 months as active YWC [Aug 2017-May 2018] and attend all YWC meetings. I will serve an additional 4 months as support to the incoming YWC & attend YWC meetings [Aug-Oct 2018]. I will serve as a Wellness Connection Club Ambassador on my campus for a minimum of 2 years.

Attend/lead **WC CLUB Mtgs** on your campus 2x/month during lunch.

YWC Mtg & Training Workshop

- DATE: Sat, Aug 26, 2017
- TIME: 10am-6pm
[Parents invited from 10-11am]

Freshman Orientation

Host table for incoming freshman.

- Aug 18 - SBHS, SMHS, DPHS
- Aug 21 - CHS

Back to School Night

Host table at your school.

- Aug 31 - CHS Sept 6 - SMHS
- Sept 7 - DPHS Sept 13 - SBHS

YWC Mtg & team building

- DATE: Sun, Oct 1 [or Oct 8]
- TIME: 4:30-6:30pm

MWC Luncheon

- DATE: Wed, Oct 18, 2017
**if it's ok for you to miss 1 class*
- TIME: 11:30am-1pm

YWC Mtg & Training Workshop

- DATE: Sat, Nov 4, 2017
- TIME: 10:30am-3:30pm

YWC Mtg & team building

- DATE: Sun, Dec 3, 2017
- TIME: 4:30-6:30pm

YWC Mtg & Training Workshop

- DATE: Sat, Jan 6, 2018
- TIME: 10:30am-3:30pm

YWC Mtg & team building

- DATE: Sun, Feb 4, 2018
- TIME: 4:30-6:30pm

YWC Mtg & team building

- DATE: Sun, March 4, 2018
- TIME: 4:30-6:30pm

YWC Mtg & team building

- DATE: Sun, April 8, 2018
- TIME: 4:30-6:30pm

Wrap-up YWC mtg, leader transition & team building

- DATE: Sun, May 6, 2018
- TIME: 4:30-6:30pm

OTHER...

Mental Wellness Center 5K

- DATE: TBD
- TIME: TBD

YWC Mtg, Club Launch & Training Workshop

- DATE: Sat, Aug 25, 2018
- TIME: 10:30am-6pm

YWC Mtg & team building

- DATE: TBD - Oct 2018
- TIME: 4:30-6:30pm

I understand that I have the option to receive a stipend or community service hours for my full participation in recognition of my time commitment on the YWC. I will receive community service for any additional hours. [Full participation req'd for whole term to receive stipend] Circle one: **\$300 stipend** OR **40+ community service hours**

CODE OF CONDUCT... YWC members serve as Ambassadors and role models at their schools and in the community, and as such, are expected to adhere to personal conduct that reflects the tenets of our Club.

- I will use sound judgement in all social media posts and interactions and refrain from references to drinking, substance use, sexual harassment or bullying.
- I will not attend any official club activities *under the influence*. I will not use or possess any type of illegal drugs or drug paraphernalia and understand that it is illegal to drink alcohol until I am 21 years of age.
- I am not a peer educator. I am an ambassador and my goal is not to give advice, rescue, criticize or judge but rather to listen. I realize that everyone is on their own journey with their own unique experiences. I will not try to change or minimize anyone's feelings. I will be friendly, courteous, respectful and understanding of others' issues and needs. I will be open to different points of view.
- I understand that the YWC is a program of the Mental Wellness Center and that I will not act as a spokesperson for MWC without explicit consent of the MWC.
- I understand that confidentiality is important in building trust. There may be times that others share personal stories with me. I will not share that information with other students, friends or family members. I will only share with a trusted adult if I am concerned someone is a danger to themselves or others.

I understand that violating any of the above expectations will jeopardize my position as a YWC member or WC Club Ambassador. I have discussed the time commitment with my parents/legal guardians, teachers and coaches and, employers, and all others who may be affected by my involvement with the YWC.

Student Name: _____ Signature: _____ Date: _____

PARENT/LEGAL GUARDIAN

I understand and support the mission and goals, support my student in this commitment, and give permission for full participation in all activities and responsibilities required of a YWC member and WC Club Ambassador.

Parent/Guardian Name: _____ Signature: _____ Date: _____